

## The Best Guide to Fit!

- **To select your pattern size**, use your body measurements, not ready-to-wear size.
- **All Simplicity® patterns are multi-sized** to help you get a custom fit.
- **Finished garment measurements** are printed on the pattern tissue and on the back of many pattern envelopes. Compare these against the **body measurement chart** for your size. The difference is the amount of ease allowed.
- **To take accurate body measurements** follow the **how-to-measure** steps below. Periodically check your measurements for changes.
- **To find your figure type**, use height and back waist length measurements and descriptions in **measurement charts** to determine figure type.

Garment	Use this measurement for correct size
Dresses, Tops Jackets and Separates	Bust: If you have more than 2 1/2" (6.3cm) difference between <b>bust</b> and <b>high bust</b> , select your pattern size by <b>high bust*</b> measurement
Skirts & Pants	Waist measurement: If your hips are two sizes or more larger than your waist, use <b>hip</b> measurement.
Maternity	Same pattern size you used before pregnancy

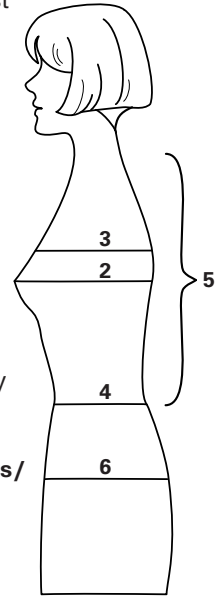
Between Two Sizes **Smaller size** for a closer fit, or if you are small-boned. **Larger size** for a looser fit, or if you are large-boned.

\*Misses patterns are made for a B cup with 2 1/2" (6.3cm) difference between bust and high bust measurement.

## How to Measure:

Measure over the undergarments you normally wear. Hold the tape measure comfortably snug, but not tight.

- 1. Height:** Standing against a flat wall without shoes, from floor to top of your head.
- 2. Bust:** Around the fullest part of the bust and straight across the back.
- 3. High Bust:** directly under the arms, straight across the back and above the bust.
- 4. Waist:** Tie a narrow elastic around waist and let it settle naturally at your waistline. Measure over the elastic. Keep the elastic in place for the next measurement.
- 5. Back Waist Length:** from the most prominent bone at the base of neck to the natural waistline.
- 6. Hip:** around body at fullest part, usually 7"- 9" (18-23cm) below waist.



### For help / Pour plus amples renseignements / Para mas información:

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## BODY MEASUREMENT CHARTS

**Babies'** - For infants who are not yet walking.

Sizes	XXS	XS	Small	Medium	Large
Weight	up to 7 lbs.	7-13 lbs.	13-18 lbs.	18-21 lbs.	21-24 lbs.
Approx. Height	up to 17"	17"-24"	24"-26 1/2"	26 1/2"-31"	31"-34"

**Toddlers'** - For figures that are taller than Babies but shorter than Children. Pants have a diaper allowance; dresses are shorter than Children's sizes.

Sizes	1/2	1	2	3	4	
Chest	19	20	21	22	23	In
Waist	19	19 1/2	20	20 1/2	21	"
Approx. Height	28	31	34	37	40	"

**Child's**

Sizes	2	3	4	5	6	6X	7	8	
Chest	21	22	23	24	25	25 1/2	26	27	In
Waist	20	20 1/2	21	21 1/2	22	22 1/2	23	23 1/2	"
Hip	—	—	24	25	26	26 1/2	27	28	"
Back Waist Length	8 1/2	9	9 1/2	10	10 1/2	10 3/4	11 1/2	12	"
Approx. Height	35	38	41	44	47	48	50	52	"

**Girls'/Girls' Plus** - For the growing girl who has not yet begun to mature.

Girls' Plus are designed for girls over the average weight for their age and height.

Sizes	Girls'						Girls' Plus					
	7	8	10	12	14	16	8 1/2	10 1/2	12 1/2	14 1/2	16 1/2	
Chest	26	27	28 1/2	30	32	34	30	31 1/2	33	34 1/2	36	In
Waist	23	23 1/2	24 1/2	25 1/2	26 1/2	27 1/2	28	29	30	31	32	"
Hip	27	28	30	32	34	36	33	34 1/2	36	37 1/2	39	"
Back Waist Length	11 1/2	12	12 1/2	13 1/2	14 1/2	15	12 1/2	13 1/2	14	14 1/2	15 1/2	"
Approx. Height	50	52	56	58 1/2	61	61 1/2	52	56	58 1/2	61	63 1/2	"

**Junior**

Sizes	3/4	5/6	7/8	9/10	11/12	13/14	15/16	17/18	19/20	21/22	23/24	
Bust	28	29	30 1/2	32	33 1/2	35	36 1/2	38 1/2	40 1/2	42 1/2	44 1/2	In
Waist	22	23	24	25	26	27	28	29 1/2	31	33 1/2	35 1/2	"
Hip-7" below waist	31	32	33 1/2	35	36 1/2	38	39 1/2	41 1/2	43 1/2	45 1/2	47 1/2	"
Back Waist Length	13 1/2	14	14 1/2	15	15 1/2	16 1/2	16 1/2	16 1/2	16 1/2	17 1/2	18 1/2	"

**Junior Plus**

Sizes	13/14+	15/16+	17/18+	19/20+	21/22+	23/24+	25/26+	27/28+	29/30+	31/32+	
Bust	39 1/2	41	42 1/2	44	45 1/2	47 1/2	49 1/2	51 1/2	53 1/2	55 1/2	In
Waist	32 1/2	33 1/2	34 1/2	35 1/2	37	38 1/2	40	41 1/2	43	44 1/2	"
Hip-7" below waist	41 1/2	43	44 1/2	46	47 1/2	49 1/2	51 1/2	53 1/2	55 1/2	57 1/2	"
Back Waist Length	15 1/2	16	16 1/2	16 1/2	17	17 1/2	17 1/2	17 1/2	17 1/2	18	"

**Misses'/Miss Petite** - For well-proportioned, developed figures.

Misses' about 5' 5" to 5' 6" without shoes. Miss Petite under 5' 4" without shoes.

Sizes	4	6	8	10	12	14	16	18	20	22	24	26	
Sizes-European	30	32	34	36	38	40	42	44	46	48	50	52	
Bust	29 1/2	30 1/2	31 1/2	32 1/2	34	36	38	40	42	44	46	48	In
Waist	22	23	24	25	26 1/2	28	30	32	34	37	39	41 1/2	"
Hip-9" below waist	31 1/2	32 1/2	33 1/2	34 1/2	36	38	40	42	44	46	48	50	"
Back Waist Length	15 1/2	15 1/2	15 1/2	16	16 1/2	16 1/2	16 1/2	17	17 1/2	17 1/2	17 1/2	17 1/2	"
Petite-Back Waist Length	14 1/2	14 1/2	14 1/2	15	15 1/2	15 1/2	15 1/2	16	16 1/2	16 1/2	16 1/2	16 1/2	"

**Women's/Women's Petite** - For the larger, more fully mature figures.

Women's about 5' 5" to 5' 6" without shoes. Women's Petite under 5' 4" without shoes.

Sizes	18W	20W	22W	24W	26W	28W	30W	32W	
Sizes-European	44	46	48	50	52	54	56	58	
Bust	40	42	44	46	48	50	52	54	In
Waist	33	35	37	39	41 1/2	44	46 1/2	49	"
Hip-9" below waist	42	44	46	48	50	52	54	56	"
Back Waist Length	17 1/2	17 1/2	17 1/2	17 1/2	17 1/2	17 1/2	17 1/2	18	"
Petite-Back Waist Length	16 1/2	16 1/2	16 1/2	16 1/2	16 1/2	16 1/2	16 1/2	17	"

**Unisex** - For figures within Misses', Men's, Teen-Boys, Boys' and Girl's size ranges.

Sizes	XXS	XS	S	M	L	XL	XXL	
Chest/Bust	28-29	30-32	34-36	38-40	42-44	46-48	50-52	In
Hip	29-30	31-32 1/2	35-37	39-41	43-45	47-49	51-53	"

**Boys' & Teen Boys'** - For growing boys and young men who have not reached full adult stature.

Sizes	7	8	10	12	14	16	18	20	
Chest	26	27	28	30	32	33 1/2	35	36 1/2	In
Waist	23	24	25	26	27	28	29	30	"
Hip	27	28	29 1/2	31	32 1/2	34 1/2	35 1/2	37	"
Neck Band	11 1/2	12	12 1/2	13	13 1/2	14	14 1/2	15	"
Approx. Height	48	50	54	58	61	64	66	68	"
Shirt Sleeve	22 1/2	23 1/2	25	26 1/2	29	30	31	32	"

**Men's** - For men of average build; about 5' 10" without shoes.

Sizes	32	34	36	38	40	42	44	46	48	50	52	
Sizes-Eur/Fr	42	44	46	48	50	52	54	56	58	60	62	
Chest	32	34	36	38	40	42	44	46	48	50	52	In
Waist	27	28	30	32	34	36	39	42	44	46	48	"
Hip	34	35	37	39	41	43	45	47	49	51	53	"
Neck Band	13 1/2	14	14 1/2	15	15 1/2	16	16 1/2	17	17 1/2	18	18 1/2	"
Shirt Sleeve	31	32	32	33	33	34	34	35	35	36	36	"